pulse laser relief ™

Treatment guide for

HAND JOINT PAINS

with the Handy Pulse Laser

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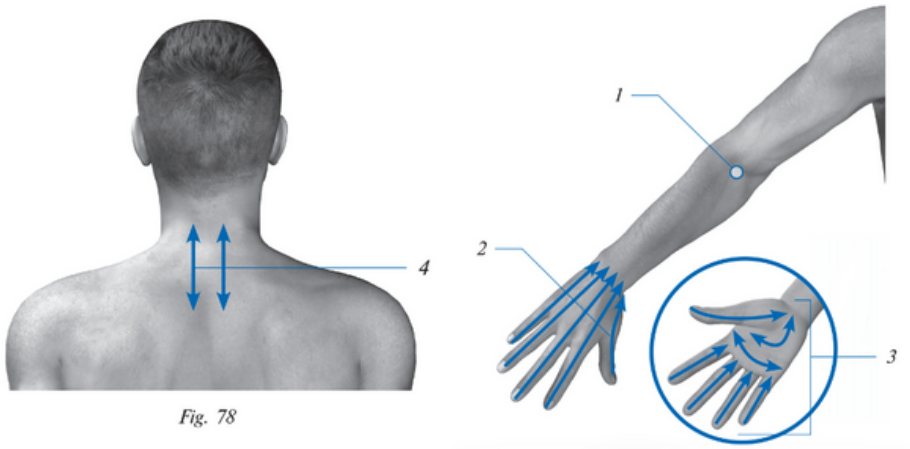

Fig. 78

Session Procedure

No.	Exposure Area	Frequency	Exposure Time
1	Cubital fossa	50 Hz	5 min
2	Rear side, Scanning***	VARIABLE	2 min
3	Palm side, Scanning***	VARIABLE	2 min
4	Along the cervical and thoraric departments of the spine (C5-Th1), paravertebral, scanning	VARIABLE	2 min on each side

Session frequency.....1 sesssion per day or on alternative days
Course.....10-15 sessions
Repeated courses should be based on indications, in 3-4 weeks.

***When scanning zones 2 and 3, the emitter should stay longer at the most painful joints.